

## **Pediatric Vision Testing Fact Sheet**

The following information will help you better understand your child's vision test and your role in this important test:

### **What is a Pediatric Vision Test?**

It is a painless, safe, non-invasive test to check the complete visual system of your child including the nerve pathway between the eyes and the brain. It is much more than a common vision test.

### **Can I be with my child during the test?**

You are welcome to stay in the room during the test. We do discourage having siblings in the room.

### **How long does it take?**

The test will take approximately 10 minutes.

### **How should I prepare my child?**

All medications should be taken as usual unless otherwise directed by the doctor. Hair should be clean, dry, and free of any gels, sprays, or oils.

It is important that your child feel relaxed and comfortable so the test results are accurate. For younger children it may be helpful to bring a favorite item such as a blanket, pacifier, or toy that will make them feel more comfortable.

### **How is the test done?**

The technologist will attach three small sensory pads to the child's head using a washable gel material. Your child will be seated in front of a screen and asked to stare at the center. The screen has animal pictures and a black and white pattern that quickly reverse. One eye is covered while the other eye is tested. A computer records the child's response.

### **What else do I need to know?**

Your child must sit still during this test. Relaxation is an important part of the test.

### **What can I expect after the test?**

After the test the technologist will remove the sensory pads and use a small amount of water to remove any gel residue. The test results will be given to your doctor.

### **Questions?**

This sheet is not specific to your child but provides general information. For questions about your child's test please ask your child's doctor. **Thank you.**